

Speak Up, Epping! Newsletter

Volume 8, Issue 5

Epping, New Hampshire

September-October, 2015

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

What's Up, Watson!



The latest update on Watson:

Work is proceeding on Watson Academy. Though it was necessary to remove two interior walls, (they had steel studs and were not part of the original building), Watson is now closer to its original design. Preparations are underway for jacking up the first floor, which will also raise the second floor, so they will both be level again. When the first floor dropped, the seam at the doorjamb corners split; they will know how far to jack up the floors by watching this split correct itself. By lifting the floors, the doors will shut once again. They are making steady progress.

When the jacking is completed, new columns will be set to permanently hold the floors in the corrected position. Once the building is determined to be structurally sound, they will repair and repaint various wall and ceiling sections. Removing the two walls left gaps in the carpet that will have to be addressed with rugs or carpet replacement.

Submitted by Sandy Goodspeed

State requests conservation of Lamprey River water



The bridge at Packers Falls on the Lampreyr. Durham, NH Posted Aug. 2, 2015 at 12:02 PM CONCORD, N.H. (AP) — The New Hampshire Department of Environmental Service is requesting that residents, businesses and other water users in the Lamprey River watershed voluntarily conserve water until higher flows return. Department officials said warm weather and limited rainfall over the last few weeks are causing low flow levels that hurt the ability of

the river to support both human uses and aquatic life. The request covers the communities of Durham, Lee, <u>Epping</u>, Raymond, Candia, Deerfield, Northwood, Barrington, Freemont, Newfields and Newmarket, all of which can affect stream flows in the 50-mile Lamprey River. The state officials noted that water suppliers are not at risk of running out of water. However, decreasing the water use will reduce the stresses on the river at this time, they said.

Outside Watering Ban in Epping

The mandatory outside watering ban in effect in Epping continues. Epping town wells are currently at critically low levels and water conservation is very important. The Town is working hard to bring two new wells online, but that process will not be complete before next spring.



Highnote Festival

The 15th annual Highnote Festival, a nonprofit benefit for the Adam McPhee Memorial Foundation. will be held on Saturday, September 12th from 2:00 pm until dark at the Governor Prescott House, 173 Prescott Road in Epping. Music. Events will be held, rain or shine. They include tethered balloon rides at \$5 per person, hayrides, helicopter rides at \$25 per person, wildlife demo, horse shoe pitching tournament, entertainment by Groove Lounge, Rock My Soul, Wayne from Maine and the Shoestring Giant Theater giant puppets; craft booths and demos; food from Zampa Bistro and Billy Goat Grubb; and more. There will also be evening fireworks. The cost is \$15.00 for adults. High school students and children are admitted Tickets will be available at the gate. The Festival grounds are handicap-accessible.

Additional donations may be made to The Adam McPhee Memorial foundation,173 Prescott Road, Epping, NH 03042

For more information, please contact us at www.highnote.zampa.com.

Senior Moments

Our day at the Sunapee Craft Fair was a first for many members. We rode the chair lift to the top of the mountain to enjoy the view. We looked for the Zip Line but (fortunately) could not find it. It was a perfect day thanks to our friend Nicole.

You cannot call senior citizens "wimps". We attended a Fisher Cat Ball Game in 92-degree

weather! We may not do that again but the Fisher Cats won and the hot dogs were great. Thanks again, Nicole.

This year's annual picnic was at Pawtuckaway State Park. It was fun although one of the picnic tables broke (pretty rotten). The weather, the food and the scenery were perfect. We'll definitely go back next year but seek new tables.

Twenty members of our Club will volunteer at the Day Of Caring for the Rockingham Meals On Wheels Fundraiser on **September 11**th. A long day (8:30 to 3:30) but we're pretty good at stuffing and sticking labels on envelopes. Don't even need experience.

It's that time again. We get our kitchens back, that last speck of sand out of the car and no more Disney movies. Yep, the kids are back in school. We'll visit our favorite tourist spots now that parking lots are empty. First, a day at Wolfeboro and lunch at Shibley's Pier in Alton Bay on **September 9**th.

Eagle One Coach of Dover, took us on a 3.5 hour lunch, train and riverboat sightseeing excursion along the Connecticut River and it was amazing. Their trips are varied and our favorite is Fenway Park WITHOUT a game. We're going back next year. Check their website.

We'll join the Newmarket Seniors on their **September 15**th trip - a day at Clark's Trading Post and Ride the Segways. Then hop on the Hobo Train while enjoying a picnic lunch while watching the grazing Red Deer.

We are so pleased to welcome two new members, Rose Mascotta of Epping and Diann Nestor of Raymond. We're still at the Fire Department meeting room on the second Thursday of each month beginning at 1:00 pm. Some of our upcoming programs include, the Bird Lady, Fish & Games, a WWII veteran, our favorite reporter and much more - even an afternoon of bingo!

Gotta share this---one young girl in our group got lost in the crowd but knew to ask a policeman for help. He got her to the correct bus but she was crying. Seems he didn't know where EPPING was. That was a few years ago. I bet he does now.

Submitted by Irene R. Cote, Secretary

News From the Town

Upcoming dates:

September 7th – Town Hall Closed - Labor Day October 3rd – Hazardous Waste Day October 12th – Town Hall closed -Columbus Day Please "LIKE" the Epping Town Hall on Facebook.

275th Birthday Bash Committee

The next Birthday Bash Committee meeting will be held on Tuesday, September 15th. Hopefully in September we can schedule dates and start advertising and asking specific for needed. For the list of activities please check out the Town of Epping 275th Epping Birthday Bash Facebook Page. If you would like to help with the celebration, please send your name, e-mail address and your interest to Joyce at secretary@townepping.com

Birthday Pottery Mugs are for sale for \$15, Matching Plates are \$20. "Epping Air" soy candles are \$15. T-shirts are available in two colors, Royal and Sky Blue, and two sizes, \$15 Adult and \$12 Youth. Town Flags are \$50. All are being sold from the Selectmen's Office at the Town Hall.





In and Around Epping

Aroma Joe's is now open and had their grand opening August 14th. The State Liquor Store and Beach Plum are under construction at the Brickyard. The Beach Plum is replacing IHop for now. The Dollar Tree is in full swing and Valvoline has started.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For eight years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of monetary help. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

East West Express

The East West Express continues to operate at the Epping NH Park and Ride providing service between the Portsmouth Transportation Center in Portsmouth NH (East) and Manchester Airport / Downtown Manchester (West). Although the service has increased its number of daily commuters over the past 6 months, 80% of the passengers are still traveling to and from Manchester **Boston** Regional Airport. appreciate the opportunity to serve you and provide convenient, affordable, scheduled transportation on the Route 101 corridor.

Thank you,

Submitted by Jamie Dowd, President of Flight Line, Inc.



Epping Lions Club "We Serve"

We Want YOU to Join the Epping Lions Club www.epping.nhlions.org

https://www.facebook.com/EppingsLionsClub

We are looking for innovative people who desire to become involved in improving our community and having fun doing it. The Epping Lions Club was established in April 2009. We support sight programs and services including vision screenings,

eyeglass recycling, and provide assistance to local families in need of eyeglasses. We support community programs as well as participate and sponsor some exciting events, such as the Lamprey River Canoe Race and the Highnote Festival. With your involvement and ideas we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like.

Our next event will be the Highnote Festival on **September 12th**. Our popcorn and 50/50 raffle are popular at this event. Look for our Gas Card raffle coming soon.

If you're interested in learning more please visit our website: www.epping.nhlions.org. Meeting times are posted and are generally the 4th Tuesday of the month at 6:30 pm. We currently meet at the Epping Edward Jones office on Route 125 (285 Calef Highway). We'd love to see you!

Colleen Palmer, President

colleenmariepalmer@hotmail.com

Cheryl Denoncour, Treasurer

cdenoncour@gmail.com

Deb Brooks, Eyeglass Collector

lexusreina@comcast.net

Submitted by Debbie Moulton



TALES FROM EPPING'S PAST

Down a Wandering Gypsy Trail

Gypsies began thousands of years ago in the area which was then northern India and now is Pakistan. Long persecuted, always viewed with suspicion, and living by their wits, they left their homeland and began traveling from one place to another. Later known as "Travelers," gypsies are now found all over the world, including right here in New England.

Whether it is true or not, anyone who is living a questionable lifestyle is often labeled a gypsy. This calls to mind the old tale about "The Barrington Tribe" who lived in that town back in the 1850's.

In his "History of Barrington," author John Scales describes the "Barrington Tribe" as a large and rowdy clan who lived in a remote section of that town and who were long believed to be a gypsy tribe. Like gypsies, they traveled all around with their wives and children, selling their baskets at train stations both here and in Massachusetts and, you guessed it - telling fortunes. However,

they gave all that up and permanently changed their last name after one of them killed his brother during a wild brawl in front of their house. But the members of this family were not really gypsies. It was proven long ago that they were all really just a very rough branch of a well-respected family, long settled in Dover.

An unusual Exeter News-Letter item reported that a band of gypsies had entertained the Memorial Day crowd in Epping. That was in 1915, a time when many homes and public buildings in the area were being robbed by well-organized thieves who rode the trains at night from one town another. Because it had been checked beforehand. robbers already these knew whether or not their targeted town had electricity, an all night police force, a night watchman at the bank or post office, and just who carried large sums of money after dark. They stole money from safes they had cracked open with dynamite.

On a dark and stormy night, just about a year after those gypsies visited Epping, our Post Office, then located not too far from the railroad station, was broken into. The sides of the safe had been blown out with dynamite, which may have passed for thunder, and well over a thousand dollars, (a fortune back then), in savings and stamps, was stolen. Three men with darkened lanterns were later seen running across the street. Apparently they were never caught or identified.

Today, one hundred years later, maybe a crystal ball might tell us whether or not those visiting gypsies and that smooth robbery in Epping might have been somehow linked together, like the rails of a train.

This is twenty-ninth in a series for Speak Up, Epping!

Text/Research: Madelyn Williamson

Epping Historical Society

The Cook Books are in! This project has been keeping all of us very busy the last few months. We wish to thank everyone that contributed recipes to our book. The books sell for \$10.00, and are worth every penny. The cookbook committee (the hardworking volunteers) did a great job to meet the deadline. A very special thanks to Sandy Goodspeed - it never would have happened without you at the helm.

The Town of Epping has done a wonderful job restoring the Sally Plumer Park. The overgrown tree has been removed and a new tree planted.

The large lilac bush was moved, and two new lilac bushes planted on each side of the monument. The brick walkway has been installed, it looks beautiful! Granite posts were placed around the park, and the American Legion Post # 51 had the posts engraved with names of Wars in our history.

We are still installing bricks in the walkway entering the Epping Historical Society. Each brick is \$50.00, and includes three lines of words, 14 letters and spaces on each line. We have 36 bricks installed so far, and several others are on order. A special thanks to David Clapp. He lifted several old antique bricks in the walkway, and set the new engraved bricks.

We have had many visitors this summer. They came from New York City, California, New Jersey and Texas. All of these visitors have Epping roots and in most cases we helped them with their Family Tree. But, I really enjoy it when someone from Epping stops by for the first time. They may have lived here for 25 years, but they did not know what we have in our Museum.

We have had several new additions to our collections this summer. Fran Allen's daughters, June and Kay, came in with boxes of records from organizations in which Fran was involved.

Elaine Tefft from Bedford, came in with the Family Bible belonging to Ray Guerin, her uncle. The Bible contains family records - what a gift! Elaine also gave us many photos, including a great picture of the Water Street Garage in 1910.

As many of you are aware, the Water Treatment Facility is located on the site of the old New England Brick Company. Men from the department came in with a small section of the old rail track the brickyard used to move bricks, clay and other products around the yard. They polished the small section of rail - a big part of Epping History right in the palm of your hand. There is still a lot of history to be found in Epping.

Shoe Shops

Research material by Don Sanborn

Shoe making has always been a basic trade. During colonial times, nearly everyone walked. With all the walking, shoes wore out pretty fast. Most early shoes were square toed and made one at a time. The shoe was made to one shape, no right or left. The soles were attached to the uppers with wooden pegs. The early shoemakers were called cordwainers. Gov. Plumer's father was a shoemaker in Amesbury before moving to Epping. One of his sons, Daniel Plumer, was also a cordwainer, making "Gentlemen's Pumps."

The early shoemakers cut out the soles and uppers themselves, and often operated a tannery. This consisted of a four sided hole in the ground. A layer of cow or horse hides would be spread out and covered with a layer of hemlock bark. This process was repeated until the hole was full. The pit would be covered with water and the hides would soak for a period of time. The tannery had a distinct odor of its own. After the hides were soaked for the required time, they were scraped and softened, making them ready for cutting.

The early shoe factories in Epping were small. Rufus Smith was among the first to make shoes commercially. His shop was located on South Main Street (now an apartment building). A very large factory was built at the top of Boar's Head Hill. This factory was located across from the Central School, including the east corner of the cemetery before the cemetery was expanded. Owned by Benjamin Hoyt, they made fancy ladies boots that were known as the "Princess Boot." The factory burned down and was rebuilt, then burned again.

A smaller factory was located on Prescott Road and James Corning operated his shoe shop there for several years. NOTE: I grew up in the James Corning house and we did not have running water, so my grandfather decided to dig a long trench and lay pipes to bring water to the farmhouse. About 100 feet of the trench consisted of brick! I now realize we found the remains of the factory on the property. I often wondered why our farm had five wells, two located far from our home.

The Bartlett Brothers had a six story shoe shop on Bartlett Street that they operated for about ten years, but the building burned down and was never rebuilt. On Depot Road in West Epping, there was a very large shoe shop owned by Brown and Edwards. This shoe shop made "Ladies Fancy Shoes," but it fell on hard times and was sold to a firm that made "House Trailers." It burned down about 1945.

In our time we remember the shoe shop on Railroad Avenue, owned and operated by Shapiro and Wagman. Later this was the National Shoe and Leather. This shop was one of the key sources of income in Epping for many years.

I only covered the better known shops in this story, but I know there were many more shops where shoes were made and sold.

We are open Mondays from 8:00 to 12:00, or whenever the flag is flying. If the hours are not convenient for you, please call 679-2944 and I can make an appointment to meet you there.

Submitted by Joy True, Curator

The Civil War Roundtable of NH



NH graves at Soldiers' Cemetery in Gettysburg (Photo by Bill Hallett)

The Civil War Roundtable of New Hampshire was founded in May of 1991, and is dedicated to all aspects of the Civil War: Education, Preservation and Restoration. The CWRT-NH is a group of men and women who share a common interest in the War Between the States and that period in American History that defined Our Nation, as we know it today.

The. CWRT-NH is meeting with the 275th committee to participate next year in Epping's celebration. If anyone has Civil War memorabilia, is interested in reenacting or in being part of CWRT activities (or becoming a member), please e-mail the CWRT-NH, at the e-mail address in this article.

Our meetings are held the 3rd Friday of each month, except no meetings are held in July, August or December. The meeting format is usually a speaker followed by a discussion. Coffee is served at 6:45 pm and we begin the meeting at 7:15 pm. The CWRT-NH is a nonprofit 501(c)(3) organization and we are open to the public. Our meeting location is the Epping Town Hall 3rd floor (elevator available).

Meetings are recorded live by ETV (Channel 22). You can watch on your TV or computer by accessing the Epping Town site (for live or past meetings).

This is the CWRT-NH schedule for the next months.

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a

notice will be put on ETV.

September 18, 2015 – Bob Duffy – "Civil War Tech"

October 16, 2015 – Larry Olasky – "Civil War Cartography"

November 13, 2015 – Robert Korkuc – "1st Sgt. Charles Phelps of the 5th NH at Gettysburg"

December – no meeting

The CWRTNH will celebrate a 25th anniversary in **May 2016** featuring live Civil War music performed by New Hampshire's own "The Hardtacks."

The CWRT-NH is now meeting on the third floor (above the present meeting room) at the Town Hall. As I have said in the past, I hope to see more people come to our meetings and join our group.

If you have an interest, would like to know more about the Civil War or are plain curious, our group is for you. For more information on membership and member fees, contact our Roundtable via email: cwrtnh@gmail.com.

Submitted by Dan Bennis Board Member, CWRT-NH dddbennis@msn.com (Feel free to e-mail me with any questions.)

Lamprey River Advisory Committee You're Invited to Join Us!

New representatives and volunteers are always welcome!

Each of the fourteen towns in the Lamprey River watershed may have up to four appointed representatives. Currently no town has four representatives, so no matter which town you call home, we invite you to work with us to protect the Lamprey river.

The process is easy!

- 1. Attend a meeting or two and see what we are up to. Meet other representatives, ask questions, and see if you and the group are compatible.
- 2. Print this <u>form</u> from NH DES, complete it, and ask your town leaders if they will nominate you.
- 3. Have the town leaders sign the form and send it to NH DES.
- 4. The commissioner at NH DES will appoint you for a three-year term and you will be official!

The following towns are in the Lamprey rivers watershed:

Barrington, Brentwood, Candia, Deerfield, Durham (Wild and Scenic), Epping (Wild and Scenic), Exeter, Fremont, Lee (Wild and Scenic), Newfields, Newmarket (Wild and Scenic), Nottingham, Northwood, and Raymond

Meetings:

Representatives of the four Wild and Scenic towns (Epping, Lee, Durham and Newmarket) meet

the second Tuesday of every month at the Lee Safety Complex at 20 George Bennett Road in Lee. Meetings begin at 7:00 pm.

All representatives meet the fourth Thursday evening of every month at various locations in the fourteen towns. Check the calendar for the location.

Questions?

Please email Sharon Meeker or call 659-5441.

Back to School with Mary Blair: How Times Have Changed Since 1915



Mary Blair - photo courtesy of the Epping Historical Society

To learn more about Mary Blair and the park named after her, visit www.lampreyriver.org.

Mary Blair was actively teaching in a one-room schoolhouse in Epping in the year 1915. It is unknown if her contract had the stipulations noted below, but many teachers did. We've all come a long way.....

Rules for Teachers — 1915

From:https://www.nhhistory.org/edu/support/nhgrowingup/teacherrules.pdf

- 1. You will not marry during the term of your contract.
 - 2. You are not to keep company with men.
- 3. You must be home between the hours of 8 pm and 6 am. unless at a school function.
- 4. You may not loiter downtown in any of the ice cream stores.
- 5. You may not travel beyond the city limits unless you have permission of the chairman of the school board.
- 6. You may not ride in carriages or automobiles with any man except your father or brother.
 - 7. You may not smoke cigarettes.
 - 8. You may not dress in bright colors.
- 9. You may under no circumstances dye your hair.
 - 10. You must wear at least 2 petticoats.
- 11. Your dresses may not be any shorter than 2 inches above the ankles.
- 12. To keep the classroom neat and clean you must sweep the floor once a day, scrub the floor with hot soapy water once a week, clean the blackboards once a day and start the fire at 7 am to

have the school warm by 8 am when the scholars arrive.

The sources for these "rules" are unknown; thus we cannot attest to their authenticity—only to their verisimilitude and charming quaintness. They have been used for years by the New Hampshire Historical Society Museum as part of its *Going to School* outreach lesson, but they also appear independently on numerous other websites from Auckland to England. The 1915 rules are attributed to a Sacramento teachers' contract and elsewhere to an unspecified 1915 magazine.

Nuts About Fall



mixed oak acorns S. Petersen



beechnuts www.nps.gov



mixed hickory nuts
S. Petersen



American chestnut E. Snyder

Fall is always such a busy, beautiful time of year. Hints of crisp fall air coincide with the shorter days. People scramble to soak up the last days of summer's warmth and take care of all those fairweather projects around the house. People aren't the only ones scrambling, however; squirrels, chipmunks, bears, and other critters are also busy preparing for winter.

Nuts are one of nature's fall treasures. By definition, nuts are fruits that have hard shells that surround a seed or kernel that is generally edible. (Horse chestnuts are NOT edible!) Nuts are plentiful, nutritious, and store well. The most abundant nuts are acorns, but other native nuts include beechnuts, hickory nuts, and American chestnuts.

Many critters make use of this bounty. Bears eat nuts as they find them, commonly packing on 20-30 pounds per week. Nuts, stored as fat, help the bears get through winter when they enter a state of partial hibernation. Squirrels and chipmunks, on the

other hand, gather nuts and pack them away for a source of food throughout the winter. Squirrels, active year-round, tend to have small caches of nuts scattered throughout the landscape, whereas chipmunks are generally inactive in winter and usually store all their food in their dens. Some birds, such as blue jays, pack nuts into tree crevices or woodpecker holes for retrieval later.

Local nuts aren't just for squirrels; people can enjoy them, too. Native Americans have long utilized acorns as a food staple. Enthusiasts of local foods are rediscovering acorns as a food source. The bitter tannins can be removed and the remaining nut meat can be ground into a tasty, nutritious flour. Although not found in cold climates such as New England, pecans and walnuts have northern cousins, the hickories. Three species of hickories are common here: shagbark, bitternut, and pignut. (Be warned: bitternuts are bitter!) Beechnuts, too, can be eaten raw or cooked after removing the shiny skin between the prickly husk and the kernel. American chestnuts were once a defining tree in forests of the Northeast, but mature specimens are rare now due to an ongoing blight. American chestnuts are easily confused with more common horse chestnuts, which are toxic to humans. For the safety of people and American chestnut trees, please do not eat any local chestnuts you find.

Gathering and preparing the nuts takes some effort, but almost everything good takes work. Go nuts this fall!



Helping communities protect the Lamprey River. Submitted by Suzanne Petersen



Epping Garden Club

The Epping Garden Club will once again be offering "Hardy Mums" for sale. They will be available come early September. Please call 300-0064 for further details or follow us on Facebook at Epping Garden Club.

The colors of the Hardy Mums we are offering are: red, orange, yellow, pink/purple and white. We are taking orders till the beginning of September. We will then call in the order and they should arrive about a week latter. The weather should break by then, with more rainfall coming.

We will offer the 10" Hanging Pots for \$15.00 each; the 8" regular pots will sell for \$7.00 each and the 6 1/2" pots will sell for \$5.00 each

We would love any and all help watering our corners if you happen to live beside one or pass by and have the time. It has been a wonderful summer but pretty dry at times. The new tree downtown alone needs 5 gallons and we usually haul 15 to 20 gallons to each corner from our own wells. We know many of you are under water restrictions but if anyone with a well could help us we would greatly appreciate it.

We have been trying to think of a way to use the wonderful gift from the Adam McPhee Foundation to place something permanently downtown for all to enjoy. We wanted large planters on all four corners of the bridge, like other towns have, and plants would have a chance of living from season to season but without help we can't see that happening right now. We will continue to look for ways to give back to the town. Right now with six members we will just water and clean corners of trash.

We would also like to thank all of the homeowners in our town who have made their places beautiful to pass by, as we get such wonderful comments about how Epping is looking these days. THANK YOU!!

Many Thanks to Paul Gatchell for the soil and the loan of your truck for an hour. You are wonderful to us.

The Epping Garden Club has been invited to attend the 82nd District Meeting of the New Hampshire Federation of Garden Clubs, Inc. in September. It will be for all Garden Clubs in the IV District. You still have time to join our club and make this all day event. The Epping Garden Club has no dues and usually meets for breakfast or to work on one of our corners. Please contact us at 300-0064 or at eppinggardenclub@gmail.com, if you are interested. And please enjoy the beautiful weather and LIKE US on Facebook and!

The Epping Garden Club Submitted by Eunice Miller



Leddy Center

LEDDY CENTER MUSICAL THEATER CLASSES
FOR BEGINNERS!!
Ages 5 & 6!! and Ages 7 & 9!
AND FOR THOSE WITH SOME
EXPERIENCE!
Ages 9-14!
Classes begin the 2nd week in September!

Just go to www.leddycenter.org and click

LEDDY SCHOOL

for teacher info, class times, class descriptions, and to fill out your registration form!

Private lessons are available in guitar, piano, voice, brass, and woodwind instruments, ongoing, year 'round at Leddy Center!!

We look forward to having you & your children, as a wonderful part of our Leddy family!

The next production in the Leddy Center's 2015 schedule for their exciting 40th season will be "Mary Gatchell in Concert" on October 2, "Charlotte's Web" from October 23 to November 11 and "A Christmas Carol" December 4-13.

Individual tickets are \$18 and available online at www.leddycenter.org or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates.



ETV Schedule

Channel 22 - ETV - Schedule of live programs

Monday-Sept. 14, 28; Oct. 26 -Selectmen -7 pm <u>Tuesday</u>-Sept. 1; Oct. 6 -Water & Sewer -7 pm <u>Tuesday</u>-Sept. 15; Oct. 20-Library Trustees -7 pm <u>Tuesday</u>-Sept. 8; Oct. 13 - Conservation

Commission –7 pm

<u>Wednesday</u>–Sept. 2; Oct. 7 – Parks & Recreation Commission –7 pm

Wednesday – Sept. 16; Oct. 21–Budget Committee –7 pm

Thursday-Sept. 3, 17; Oct. 1,15 – School Board –7 pm

<u>Thursday</u>–Sept. 10; Oct.8 – Planning Board –6 pm <u>Friday</u>– Sept. 18; Oct. 16 – Civil War Roundtable – 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to http://etv22@pegcentral.com. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 will be participating in the Statewide Recruitment Night – "Rocket Into Scouting" on **Thursday, September 24**th from 6 to 8 pm at the Epping Elementary School. Pack 136 is looking for boys and families who are looking for adventures. Cub Scouts is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

<u>September Pack Meeting</u>: **Wednesday**, **September 16**th from 6:30 to 7:30 pm at the Epping Middle School

October Pack Meeting: Wednesday, October 21st from 6:30 to 7:30 pm at the Epping Middle School

If you would like information about joining Cub Scouts, please contact our **Cubmaster**, **Michael Page** at michael.page.nh@gmail.com or contact him at cubmaster@pack136epping.org

Join us on Facebook and keep track of the Pack http://m.facebook.com/group.php?gid=1990596851 09&fbb=r6c4d2187&refid=46 or go to our website where you can find more Pack information at http://www.pack136epping.org/calendar.

Boy Scout Troop 136

The boys have had a fabulous summer. They hiked at Pawtuckaway, had a great BBQ Court of Honor at the Sylvain's and spent a week at the Hidden Valley Scout Camp. They will be going to Maine to work on the Railroading Merit Badge the last weekend of August.

September is the start of our annual fundraising. We will have our annual Popcorn Show And Sell at Walmart on Saturday and Sunday September12th and13th. We are considering a second location during the same weekend. We will also be selling our Community Calendars later in the fall.

The next two months are busy ones! The boys are excited about the following events:

September 11th to 13th – We have two Scouts and our Scoutmaster attending the Order of the Arrow weekend.

September 12th, 13th – Popcorn Show And Sell at Walmart

September 18th to 20th – High Adventure Scout retreat at Camp Fatima which has a high ropes course. This weekend is with the Girl Scouts and includes a dance.

September 28th – Court of Honor

October 10th, 11th – NH Jamboree at the Motor Speedway

October 23rd to 25th – Pawtuckaway campout with Webelos 1 & 2 patrols. The boys will be doing various stations for Tenderfoot, Second Class, First Class and Webelos requirements.

If you know a boy between the ages of 11-17 who would benefit from an organization like the Boy Scouts, please contact Les Houston at 231-1148.

Submitted by Pat Oumansour



Epping Fire Department

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the fire department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

http://www.nhdfl.org/fire-control-and-law-enforcement/daily-fire-danger.aspx

Epping Explorer Posts Fire Department Explorer Post 716

After a summer off, the Fire Department Explorer Post 716 met on August 20th to begin another season of Fire and EMS training as well as

discussing their role in the community. On Sunday August 23rd the Explorers, as part of their community service, assisted the Fire Department with a pancake breakfast held at Star Speedway in conjunction with the Barrington Fire Dept. Antique Truck Show.

Exploring is part of the Learning for Life program of the Boy Scouts of America. We are co-ed and welcome all youth ages 14 to 20 years of age. Our meetings are held at the Epping Safety Complex on the 2nd and 4th Thursdays 6:30 to 8:00 pm. We are career oriented and welcome youth to check out the Fire and EMS services as a possible career.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information contact Captain Cliff Cray at 396-9436 or deacon100@comcast.net.

Police Department Explorer Post 714

Youth 14 and older may also join the Police Explorer Post by calling 679-5122.

American Legion News

Dance & Fundraiser for a Member in Need

The American Legion Post 51 is hosting a dance with "DJ Jukebox Joe" to raise money for a member in need on **Saturday, September 19**th. Jukebox Joe plays music from the 70's, 80's and 90's. Come down and dance to a variety of music: pop, disco, country, etc. There will be raffles and a 50/50. Admission will be a donation at the door. Dance will take place from 8 pm. to midnight. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). All are welcome! For more information please call Darlene at 793-6090 or Judy at (434) 835-7928.

Halloween Dance on October 17th

The American Legion Post 51 is hosting a Halloween Dance featuring "Chippy and the Ya Yas." They are a NH based cover band that they say is born to blow our mind, rock our socks, and shake our booty like never before. They play songs from the 60's on up. Hard driving and high octane!! We expect our dance floor to be jam-packed with ghouls and goblins!!! You can visit Chippy and the Ya Yas on line and check out their music at

www.chippyandtheyayas.com. The dance will take place on **Saturday**, **October 17**th. There will be prizes for the best costumes, a 50/50 raffle, and snacks. The doors open at 8 pm. Admission is \$5 per person at the door and a cash bar will be open. Singles are welcome! The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). Costumes are optional but are more fun! 679-8320.

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, September 13**th and **Sunday, October 11**th - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate, \$4.00 per child and worth every penny!

Hard Work Pays Off at NH State 4-H Horse Show



Karissa Martin of Epping
Junior Horse Rider Quiz and Judging Combine Award
4-H Members from across New Hampshire
gathered at the Deerfield Fairgrounds on July 17,
18 and 19 for the NH State 4-H Horse Show. 4-H
members work for months to prepare themselves
and their animals and qualified at their previouslyheld County event in order to participate at the

State Horse Show.

Ninety 4-H members participated in show events, including a horse knowledge quiz, horse judging, fitting and showmanship, and several styles of horse showing including riding, driving, and in-hand classes. Those showing their horses work together as a team with the junior leaders from their county. During the event, run by over 30 4-H volunteers, the youth do all the work to prepare and show their animals with assistance from other youth 4-H'ers.

The show judge, Raymond Hackett from Marlborough, MA said, "Today I saw that 4-H really is striving to make the best better; today I saw the future of 4-H, and it is going to be amazing." Hackett spent time with the youth after the conclusion of the show, teaching them more about what a horse show judge is looking for and how to polish their presentation.

Seventeen exhibitors, four alternates and four teen leaders qualified to represent New Hampshire at the New England 4-H Horse Show at the Eastern States Exposition in West Springfield, Mass. in September. The State NH 4-H State Delegates from Rockingham County are Exhibitors Jackie Johnson of Brentwood, Haley Rutstein of Salem, and Molly Tombarello of Sandown, and Alternates Abigail Cavers of Windham and Alexandra Cahill of Sandown.

The High Point Exhibitor at the show, Maggie Kenter of Kingston, showed her horse Missy in the driving division. She will be attending college in September and unable to attend the New England 4-H Horse Show.

Rockingham County 4-H members who earned High Awards at 2015 NH State 4-H Horseshow include: Maggie Kenter, Senior Horse Rider Quiz and Judging Combine Award; Karissa Martin of Epping, Junior Horse Rider Quiz and Judging Combine Award; Jack Muench of Fremont, Chrissy Trophy (Non-Rider Quiz and Judging Combine Score); Jackie Johnson, Marcia Y. Lang Memorial Award (Top Senior Light Horse Exhibitor); Haley Rutstein, Marion Lindabury Award (Top Junior Light Horse Exhibitor); Maggie Kenter, Granite Draft Horse and Pony Assoc. Award (Top Driving Exhibitor); Keelin Berger of Epping, Lake Region Show Series Award (Top Gymkhana Exhibitor); and Sarah-Jean Sargent of Raymond, Monadnock Savvy Club Trophy (Top In-Hand Exhibitor).

The UNH Cooperative Extension 4-H Youth Development program brings positive learning experiences to New Hampshire youth between the

ages of five and 18 through clubs, afterschool programs, camps, teen conferences, and other events and activities aimed at expanding knowledge and encouraging community engagement and leadership. For more information on 4-H clubs and programs in Rockingham County, call 679-5616 or visit bit.ly/RockCty4H

Submitted by Donna Funteral

Epping Community Church

The "Soup of the Day Cafe" will resume **September 3**rd after a month break. Everyone is invited to come and enjoy food and fellowship on Thursdays from 11 am to 12:30 pm. It's free and the time invested is priceless in building friendships.

We are considering developing a Sunday School Class for special needs individuals at the K-5 learning level. If you know of someone who would be interested in having a Sunday School class available for their person of special needs please e-mail a message of interest to wvangundy@gmail.com. We have a Masters level trained teacher who is willing to teach the Good News if there is sufficient interest in forming the class.

Everyone is invited to join us for worship on Sunday mornings. We currently have a modified traditional service that incorporates some praise music on a monthly basis. In the near future we plan to add a second service for contemporary worship in a casual setting and then taking our present service and forming a more traditionally liturgical service for those who have that as a preference for worship. There will be more information coming in the near future.

Our Food Pantry continues to serve an everincreasing number of individuals and families on Saturday mornings from 8 until 10 am. Starbucks regularly provides bakery items for the food pantry. Our staff is made up of all volunteers and the congregation along with businesses and many special people continue to support the Food Pantry so that needs may be met for those who are going through difficult times. We are thankful for every dollar and every food item donated! If you would like to donate food items to the food pantry, the following are suggested items that are needed: cereal, canned fruit, crackers, spaghetti sauce, pasta, tuna, peanut butter, jelly, canned vegetables, soups, baked beans, juice, mac & cheese. We can also use personal hygiene items such as: toilet paper, paper towels, shampoo, toothpaste etc.

Our Third Saturday Dinners continue to be very popular. We serve from 5:00 to 6:30 pm and you can get a dinner to go if you'd like! On **September 19**th we will be offering a Roast Pork Dinner and on **October 17**th it will be our Annual Fish Fry. The dinners are always \$8.00 for adults and \$4.00 for children.

All too soon summer will have passed, schools will be back in session and routines will have returned. We hope you have had a safe and wonderful summer and look forward to seeing you at church!

St. Joseph Catholic Church

208 Pleasant St. (Rte 27) Epping, NH 03042 Office telephone: 679-8805

Mass schedule weekdays:
Monday 8:00 am
Tues, Thurs, Fri. 7:30 am
Wednesday 7:00 pm
Mass schedule weekends:
Saturday 8:00 am
Sunday 8:00 am, 10:30 am and 6:00 pm

September

Mondays – Adoration – Noon to 9:00 pm
First Friday Adoration – 8 am to midnight
First Saturday Adoration – midnight to 7:45 am
Fridays – Adoration – 8 am to 7 pm
September 11th – 9/11 Memorial – 7:00 pm
September 16th – Healing Service – 7:30 pm
September 17th – Knights of Columbus Blood
Drive beginning at noon
September 20th – Religious Ed begins

October

Mondays – Adoration – Noon to 9:00 pm

First Friday Adoration – 8 am to midnight

First Saturday Adoration – midnight to 7:45 am

Fridays – Adoration – 8 am to 7 pm

October 21st – Healing Service – 7:30 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at http://stjosepheppingnh.com for further information.

Epping Bible Baptist Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast starting at 8:15 am, followed by Sunday

School for all ages at 9:30 am and morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Sunday School features classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

Wednesday nights they have a Bible Study, currently going through the Gospel of Mark, at 6:30 pm at the parsonage..

The Awana program (ages three through grade 6) will start again in the fall. The weekly Friday night meetings help children learn about God's Word. There is also morning cubbies (ages 3 and 4) Awana group on Friday mornings at 9:30 am. Please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Our services can be seen on Sunday mornings on ETV – channel 22, and on our website.

Epping Bible Church is located at 243 Pleasant Street, Epping. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or PastorRon@eppingbible.org. Visit them online at www.eppingbible.org.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 — though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



Harvey-Mitchell Memorial Library

Epping's Public Library 151 Main Street 734-4587 (Adult Dept.) 679-5944 (Youth Dept.) 679-5884 (Fax) harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com Youth Dept. Facebook page:

http://www.facebook.com/eppinglibrary

Hours: Monday, Friday, Saturday 10 – 5 Tuesday, Wednesday, Thursday 10 – 8 Closed: **Monday September 7**th for Labor Day **Monday, October 12**^h for Columbus Day

Fall Into Great Books!

Harvey-Mitchell Memorial Library Activities for September and October 2015 Story Time Returns:

We're Restarting our regular Story Time Schedule for the fall! Story times will be on Mondays at 11 am and 1 pm as well as on Fridays at 11:30 am. Story time includes a new story every week and a craft to go along as well.

September Events

We are going to be hosting the SPCA for a story time with animals in September. Stay tuned to the HMML homepage or Facebook page for a date announcement.

On **Monday, September 28th** at 11:00 am, puppeteer Diane Kordas will be presenting a special Story Time with a puppet show.

The Epping Girl Scouts will be holding their meetings in the Youth Room on a bi-weekly basis starting in September. Check our website, Facebook or call us for more details.

October Events

Starting **Thursday**, **October 1**st we'll begin signing out Halloween costumes for kids in the youth room. These will be available through the **last week of October**.

On **Friday, October 2**nd the Epping students have the day off so we'll be welcoming Diane Kordas back for a full puppet show at 11:00 am. Diane has done several shows at the library and they're always great fun! Stay tuned to our website or Facebook page for more details.

We'll be having a Halloween/Fall Festival Party on **Saturday**, **October 31**st. We'll have more details forthcoming about specific times and activities soon. Check in at our website, Facebook or call us for updates.

We are also discussing several programs for the fall months including: Yoga, Art classes, and Calligraphy. Stay tuned to our website and Facebook for announcements regarding these activities.

Submitted by Ben Brown

Rockingham County UFO Seekers

For adults interested in the UFO phenomenon Share insights, experiences, theories, sightings Meet on third Saturdays at 1:00 p.m. at the Harvey-Mitchell Memorial Library

rcufoseekers@gmail.com

Epping Y.O.U.T.H. Coalition (Youth Organizations Unite To Help) Mission Statement:

The **Epping** Y.O.U.T.H. Coalition community-wide collaborative organization dedicated to empowering youth to make healthy lifestyle choices reduce and substance misuse, through awareness campaigns, education, coordinated activities, and sharing resources.



Did you know.....

Epping has a Coalition?



Did you know......

YOU can Make a Difference!

What we do: Get Involved!

- Meet Monthly -- 3rd Wednesday of each month, 9 am at EHS
- **Network Resources with Community Partners**
- Collaborate with School & EPD in Substance Awareness & Prevention Programs
- Plan Youth, Family & Community-Involvement **Programs & Events**

What YOU can do: Get Involved!

- Mentor a student "apprentice" at your business!
- Teach a hobby/skill/interest 1 day/wk, for 1-8 weeks afterschool!
- Get Involved & help out with a weekly after school group!
- Sponsor, Donate, or Volunteer for a monthly Community Fun Night!
- Help PLAN a monthly Community Fun Night!

Community Partners: Get Involved!

Parents.....Youth.....Epping Schools.....School Board.....Epping Police Dept.....

Epping Fire Dept....."The Porch".....Epping Rec Dept.....Lamprey Healthcare.....

"Speak Up Epping" Newsletter.....Local Government.....O'Neil Cinemas.... Harvey-Mitchell Memorial Library.....Local Businesses.....Raymond Coalition for Youth..... Allies in Substance Abuse Prevention.....United Way of Greater Seacoast.....

For more information: Contact Linda Daigle at eppingYOUTH44@gmail.com https://www.facebook.com/EppingYouthCoalition

Submitted by Linda Daigle

Epping Parks & Recreation Department News

Home of the "River Otters" Director: Nicole Bizzaro

Temporary office at Epping Town Hall

Cell Phone: 608-9487

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at eppingrecreation@gmail.com or cell at 608-9487. The temporary Rec. Office has been set up on the 2nd floor at the Town Hall. Enter the main door and go up the stairs. There will be registration forms and other information available there. Any program payments can be given to staff at programs or can be mailed to us at 157 Main Street, Epping, NH 03042. Please make checks out to "Town of Epping." We appreciate your patience while we figure out our building issues.

Please follow us on Facebook for latest program updates, changes and announcements.

We are working on a few new preschool and adult programs for fall so stay tuned!

Town of Epping Halloween Fun October 31st

Town of Epping Trick or Treating – 5-7 pm

Goblin's Gala at the Fire Department and Pumpkin Stroll - 6-8 pm. There will be shuttle service from the Town Hall to and from the Safety Complex.

Help celebrate Epping's Birthday

In 2016, the Town of Epping will turn 275 years We are currently collecting names of interested residents who would be willing to serve on the Birthday Celebration Committee! Please send us an email to eppingrecreation@gmail.com or see Joyce in the Board of Selectmen's Office at the Town Hall if you are interested in helping.

Interested in helping out with Community Events? We can always use volunteers! Epping Parks & Recreation Department does not receive

any tax dollars to run Community Events! We rely solely on donations and volunteers to offer such events! If you are interested in helping, please contact Nicole, Recreation Director at 608-9487 or send us an e-mail.

Elementary School Programs

Before & After School Program:

Don't forgot to turn in your Fall Before and After School program registration. You can drop it off at Town Hall to be placed in our mailbox or mail to us at 157 Main St., Epping. Children will not be allowed to attend without registration. We are in and out of the office until school starts, so please leave a message at 608-9487 or send us an e-mail at eppingrecreation@gmail.com with questions. We will respond as soon as we can. We will also be sending out e-mails with any further paperwork needed and payment schedules.

Grades K-7

6:45 - 8:25 am and 3:10-5:45 pm - Before School Program at Epping Elementary School Gym 3:15 - 4:15 pm - After School Program meets in EES Library, goes to EMS Café & Playground, then to EES Gym till close.

Call Nicole for more information at 608-9487.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or e-mail her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

Middle/High School Programs

8th – 12th Grade CIT program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Department.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week

program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

<u>Day / Time</u>: Sunday – 7:00 – 9:00 pm <u>Location</u>: Epping Middle School Gym

<u>Cost</u>: \$30 for 10 nights – Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Please check our Facebook page for updates on programs, including cancellations. We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Zumba

Zumba is currently on hold due to the Instructor's illness. Please check Facebook for updates.

http://www.facebook.com/zumbawithcassandra.

The Porch

We are a not-for-profit organization.* Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers

Running a children's after-school program Giving financially to families who are in need Providing free family counseling

Organizing various programs for teenagers to service others

*We are currently waiting on the IRS to give us our final paperwork.

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

The Epping Family Morning Out playgroup will be back in the fall on Fridays, starting September 11th!!

Epping Family Morning Out *Fridays, starting* **September 11**th, **2015**, 9:30-11 am. For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building (213 Main Street, Epping). Cost: Free Preregistration not needed.

Exeter Family Morning Out Thursdays (except 9/3, 11/26, 12/24, 12/31), 9:30-11 am. For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and

Recreation (32 Court Street, Exeter). Cost: Free Pre-registration not needed

For information call 422-8208, press 2, or visit http://www.familiesfirstseacoast.org/programs.cfm.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. Advance registration is needed for most programs and is always needed for childcare; please go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.

Pumpkin Pie Play Dough

Recipe for you again from Families First



5½ cups flour 2 cups salt 8 tsp. cream of tartar ¾ cup oil 1½ oz. pumpkin pie spice

1 ---- to

4 cups water

Mix ingredients together. Cook and stir over medium heat until all lumps disappear. Knead dough on floured surface until smooth. Store in airtight container.

Epping Students in the News

Michael Bilynsky was awarded a Bachelor of Science in mechanical engineering degree cum laude from the College of Engineering at Virginia Tech on May 15th.

The following eleven students from Epping have been named to the Dean's List at the University of New Hampshire for the spring semester of the 2014-2015 academic year. Students named to the Dean's List at the University of New Hampshire are students who have earned recognition through their superior scholastic performance. Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of a

possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.

Honors
Natalie Bilynsky
Rachel Rajchel
Jacob Vasapolli
High Honors
Lauren DeSotto
Morgan King
Eric Ouellette
Bridget Fitzpatrick
Molly Fitzpatrick
William Constantineau
Highest Honors
Nicholas Carano
Janine Perkins

Devon Bernard has been named to the Dean's List at Rensselaer Polytechnic Institute for the Spring 2015 semester. The Dean's List recognizes full-time students who maintain grade-point averages of a minimum of 3.0 out of a possible 4.0 and have no grades below "C." Bernard studies Computer Science.



Epping School District News School Begins

The first day for Epping students is Monday, August 31, 2015. This school year, the district will have a school calendar similar to last year with development professional davs scheduled school throughout the year. Professional development days were selected taking into consideration holidays. Please visit www.sau14.org for the 2015-1016 School Calendar. Students attending the Seacoast School of Technology also start Monday, August 31st. Please http://www.seacoasttech.com. Transportation will be provided to (from) SST from (to) Epping High School.

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org

under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: http://etv.22.pegcentral.com.

September 3rd and 17th
October 1st and 15th

Epping Elementary School (EES) EES "First Day" Celebration

Epping Elementary School will start the school year on **Monday**, **August 31**st with its annual First Day of School Celebration for Grades 1-5. Parents, guardians and relatives of the students have been invited to join their children and the teachers and staff of Epping Elementary for a special morning event that is designed to bring together the school and the community. "First Day" is an opportunity for parents and guardians to meet other parents and guardians as well as to get to know the people who have a shared interest in their children's education and to help all children enjoy the first day of school.

At 8:05 am the building opens for parents and children. The cafeteria will have representatives from the school, town and local organizations that provide services to kids. The lobby, library and art room will also be open for viewing. When buses arrive, students and parents will go to classrooms to meet their classmates and teachers. Each teacher conducts a welcoming program that involves parents and children. Parents then leave classrooms to attend an information program back in the school cafeteria and to view the newly completed playground. These events will end by 9:30 am.

The First Day Program is supported by the Epping School District, Epping PTO and over 60 businesses and individuals who donate money, supplies and services. As a result of these donations every student and staff member receives a school T-shirt printed with the name and logo of the Epping Eagles.

Please note that Epping Elementary School's kindergarten students and their families attend a set of small group orientation sessions on Tuesday, September 1st and begin classes officially on Wednesday, September 2nd.

EES School Calendar

<u>August 31</u> – First Day of School Celebration from 8:20-9:30 am
Preschool Orientation

September

Sept. 1 – First day of school for Preschool Kindergarten Orientation

Sept. 2 – First Day of School for Kindergarten

Sept. 4 – NO SCHOOL Friday before Labor Day

Sept. 7 - NO SCHOOL - Labor Day

<u>Sept. 8</u> – Band Instrument Rental Night -6:30 pm In the EES Gym PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

<u>Sept. 10</u> – Internet Safety Night – 6:30 pm in the EES Gym

Sept. 15 – Open House for Kindergarten, Grades 1 & 2 - 6:30 pm

<u>Sept. 16</u> – Open House Grades 3, 4 & 5 - 6:30 pm School Picture Day

Sept. 17 – Volunteer Orientation – 9-11 am

<u>Sept. 18</u> – Principal's Coffee & conversation with Parents – 8:30 am

October

Oct. 2 – NO SCHOOL – Teacher Professional Development Day

Oct. 5 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

Oct. 12 - NO SCHOOL - Columbus Day

Oct. 22 - Picture Retake Day

Oct. 23 – Monster Mash in EES Gym – 6-8 pm

Fourth Quarter Honor Roll Grade 3

High Honors:

Mason Coldsmith, Dylan Dulong, Isabella Greubel, Amelia Harper, Wyatt Idell, Chanah Katz, Autumn Loving, Sarah McTague, Casey Morin, Autumn Patterson, Annabelle Shumway, Eva Simpson, Charlize Stevens, Delaney Yates **Honors:**

Hanna Anderson, Clay Barker, Ayla Bennett, Robert Bizarro, Avie Blakeney, Jessica Brassil, Burton Campbell, Daniel Ciriello, Troy Coleman, Richelle Currier, Robert Currier, Abigail Deary, Scarlett Demars, Tessa George, Carlos Guenard, Colin Hallinan, Cameron Hansen, Tyler Howe, Lauren Johnson, Cooper Lawrence, Shawna Lin, Lillian Long, Dorothy Martin, Myleigh Martin, Maelie McAniff, Malaney McAniff, Taylor Pahlavan, Aidan Rossel, Skyler Simard, Aria Smith, Logan Snyder, Jacob Twombly, Ryan Zheng

Grade 4

High Honors:

Sophie Bade, Brooke Bacon, Kaelin Beattie, Cooper Bernier, Ethan Coldsmith, Olivia Gosselin, Kaylin Hennessy, Brady Lewis, Nathan McTague, Mackenzie Milbury, Sophia Morang, Miriam Peck, Luke Snyder

Honors:

Connor Altbergs, Felicia Bailey, Jada Bartlett, Christel Bellen. Maddison Beltran. Kaitlyn Chapman, Benjamin Craig, Jared DeCourcy, Aiden Dyer, Brendon Follansbee, Allison Galante, Sam Gosselin, Leah Hackett, Jordan Horton, Daniel Johnson, James Le, Sean Lecuyer, Cassidy Lustenburger, McKenzie MacDonald, Jillian Mallett, Madison Milliken, Pacy Morgado, Brooke Needham, Somya Paige, Lindsey Parents, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Lilly Sheerinn, Olivia Sousa, Bella Tessier, Tyler Valdez, Sarah Wilkins

Grade 5 High Honors:

Sarah Brassil, Melissa Daigle, Sydney Farris, Jade Gagnon, Jessica Galante, Alexander Greubel, Julia Hardy, Elizabeth Hobbs, Jacob Loving, Sasha McCabe, David Meyer, Zachary Orthman, Aryana Patnaude, Michael Picard, Abigail Purchas, Rachel Swanson, Jacklyn Tracy, Morgan Witmer

Honors:

Kristopher Birarelli, Dylan Comeau, Clara Donnell, Owen Finkelstein, Trey Finkelstein, Skylar Fortin, John Gaynor, Emily Kelly, Jackson Knox, Zachary LeBlanc, Ciretta MacKenzie, Stamatis Maschas, Patrick McTague, Gregory Moulton, Wyatt Noel, Kevin O'Connell, Mikhail Ozols, Ryan Page, Rachel Perron, Gracie Re, Zachary Rogers, Aaron Sable, Caden Snell, Domenic Spinelli, Molly Tessier, Gracie Twombly, Haley Williamson

EES PTO Coming Events

First, thank you to everyone who donated items to our "Welcome Back Breakfast" for the EES teachers, held August 27th. Our next meeting is **Tuesday, Sept. 8th**, due to the Monday holiday. Meetings are held on the first Monday of each month at 7 pm in the EES Art Room. The art room has been moved to the Title One area of the Elementary School. Babysitting is always provided free to participants. We will have refreshments and raffle giveaways during the meetings!

The PTO's up-to-date website and Google calendar can be found at. www.eppingpto.com, and on their Facebook page. Coming in September, Internet Safety Night on Thursday September 10th, held for parents at EES; babysitting is provided. The annual Cherrydale fundraiser will kickoff, as well as the PTO Which class will win this membership drive. In October, parents and community members are encouraged to attend our October 5th meeting. We will be discussing a great family favorite: The Monster Mash & Haunted Hallway, coming Friday October 23rd from 6-8 pm! Other annual events that families can look forward to are the Ice Cream Social on February 11th; Easter Bunny Breakfast held March 18th, and the Carnival on June 3rd. Save those dates and look for more information about other events happening throughout the year!

Submitted by Bethany Marshall

Epping Middle School (EMS)

Important Upcoming EMS Dates
Friday September 4th and Monday September 7th
- NO SCHOOL

Thursday September 10th – Open House Thursday September 17th – Student Picture Day Tuesday September 22nd – Nature's Classroom – 7th Grade Trip

Thursday October 1st – Parent-Teacher conferences – 2:30 pm

Friday October 2nd – School closed Monday October 12th – School closed Friday October 16th – Activity Night – 6:30 pm

Fourth Quarter Honor Roll

We are so proud of our students for setting and achieving such high academic goals.

Grade 6:

Highest Honors Work Habits/Effort:

Isabelle Deary, Nicholas Greubel, Andrew LeBlanc, Ryan MacVicar, Taya Morgado, Jenna Needham, Abigail Walsh

Highest Honors in Learning:

Isabelle Deary, Andrew LeBlanc, Ryan MacVicar, Peter McTague, Taya Morgado, Jenna Needham, Abigail Walsh, Alexander Wyatt

Honors in Learning:

Alexa Bade, Quinton Burleigh, Delaney Clough, Joshua Coolidge, Tyson Dionne, Spencer Gaudreau, Nicholas Greubel, Alexa Guarente, Alyssa Higginbottom, Ryan Hoelzel, Tayler Holt, Trevor Hovey, Ashlan Idell, Katrina Jennings, Scott Johnson, Erika MacLeod, MacKenzie McAniff, Jack Meyer, Benjamin Milbury, William Morasco, Arianna Murphy, Meaghan Murphy, Ciara Patey, Luke Rossel, Emma Roussel, Abigail Roy, Amara Stevens, Hayleigh Sullivan, Sean Thornton Jr., Cassidy Wall, Madelin Walsh

Grade 7:

Highest Honors Work Habits/Effort:

Trey Loving, Oakley Lustenberger, Faith Williamson, Joey Zheng

Highest Honors in Learning:

Trey Loving, Oakley Lustenberger, Faith Williamson, Joey Zheng

Honors in Learning:

Hannah Armstrong, Luke Barker, Mikayla Berger, Jasmyne Bickford, Noah Bilodeau, Calle Bisaillon, Avalon Brown, Christopher Chapman, Lyndsey Chevalier, Joseph Furey, Ryan Glass, Reese Idell, Samantha Johnson, Keyghan Lewis, Estabella Martin, Karissa Martin, Hayden Miller, Ava Montalbano, Ryan Moulton, Olivia Parents, Hayley Pelletier, Mackenzee Rancati, Peyton Rivers, Isabella Snyder, Sharon Swanson, Makayla Swidrak, Logan Szmit, Jacob Van Amburgh

Grade 8:

Highest Honors Work Habits/Effort:

Addison Bickford, Madison Downing, Colin Farris, Meghan Galante, Gracia Jordan, Adam LePage, Destiny McKay, Lily O'Connell, Shelby Prestridge, Morgan Shanley, Abby Simard

Highest Honors in Learning:

Mikayla, Ball, Meghan Galante, Emilie Le Blanc, Adam LePage, Destiny McKay, Allison Nee, Lily O'Connell, Julianna Re, Abby Simard

Honors in Learning:

Addison Bickford, Hunter Bullock, Benjamin Colban, Madison Downing, Colin Farris, Benjamin Fowler, Amber George, Emily Jackson, Ryan Johnson, Gracia Jordan, Megan Marasca, Ashley Martin, Maya Martin, Rachel Martin, Cerys McCabe, Alexis McDuffee, Casey Needham, Kaitlyn Nichols, Jennifer Nikolova, Kiana Pond, Shelby Prestridge, Morgan Shanley, Evika Toth

Epping High School (EHS)

Important Upcoming EHS Dates

Monday August 31st – First day of school which is an A & B Day Schedule

Friday September 4th and Monday September 7th
- NO SCHOOL

Thursday September 10th – Open House from 6:30-8:00 pm

Wednesday September 16th – School Picture Day **Thursday October 1st** – Parent Conferences from 2:45-6:45 pm

Friday October 2nd – NO SCHOOL Friday October 2nd & Saturday October 3rd – Homecoming

Monday October 12th – NO SCHOOL Tuesday October 27th – Picture Retake Day

Looking ahead to November EHS Holiday Craft Fair November 14th

Crafters Wanted!!

The Epping High School Athletic Booster Club will be holding a Holiday Craft Fair on Saturday

November 14th from 9 am to 3 pm at the Middle School Gym. If you would like to rent a table the cost is \$25 per a space that is approximately 8x6, plus a donated item to be raffled. The table vendors should be all different to do your holiday shopping, buy local!

All Proceeds are to benefit the Student Athletic Programs. The money raised is used for scholarships for college and towards improvements to benefit the student athletes throughout the year. Currently we are saving for an outdoor concession stand to benefit all the teams that use our fields.

To rent your space please call 679-2733 or e-mail kenbeth@comcast.net

E-mail Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (November-December) of this newsletter will be available November 1, 2015. We will accept submissions through October 25, 2015, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by August 25, 2015. Please include the date, event name, location and time

Thanks for reading! - The Communications Group

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Epping Calendar of Events for September 2015

August 31	First Day of School for Epping Schools and the Seacoast School of Technology
August 31	EES First Day of School Celebration 8:20 – 9:30 am. Parents invited
August 31	Preschool Orientation
September 1	Kindergarten Orientation
September 1	Preschool First Day of School
September 2	Kindergarten First Day of School
September 3	Epping School Board meeting in Epping Town Hall – 7 pm
September 4	NO SCHOOL – Friday before Labor Day
September 5	Epping Community Church Food Pantry – 8-10 am
September 7	LABOR DAY – NO SCHOOL Town Hall and Library closed
September 8	EES PTO meeting – 7 pm
September 9	Epping Seniors day in Wolfeboro and lunch at Shibley's Pier
September 10	EES Internet Safety Night for Parents
September 10	EMS, EHS Open House
September 11	September 11 th Memorial at St. Joseph – 7 pm
September 11	Day of Caring for the Rockingham Meals on Wheels Fundraiser – 8:30 am-3:30 pm
September 11	Families First Epping Family Morning Out begins again – 9:30 -11 am
September 12-13	Boy Scout Fundraiser "Popcorn Show and Tell" at Walmart
September 12	Highnote at Governor Prescott House – 2 pm until dark
September 12	Epping Community Church Food Pantry – 8-10 am
September 13	American Legion Post 51 Sunday Breakfast Buffet – 9:00-11:30 am
September 15	275 th Birthday Bash Committee meeting at the Town Hall – 7 pm
September 15	Library Board of Trustees Meeting – 7:15 pm
September 15	Seniors join Newmarket Seniors trip to Clark's Trading Post
September 15	EES Open House for Kindergarten, Grades 1 & 2 – 6:30 pm
September16	EES Open House for Grades 3, 4 & 5 – 6:30 pm
September 16	Epping Y.O.U.T.H. coalition meeting in SAU building – 9 am
September 16	Cub Scout Pack Meeting at Epping Middle School – 6:30-7:30 pm
September 16	EES, EHS Student Picture Day
September 17	EMS Student Picture Day
September 17	Epping School Board meeting in Epping Town Hall – 7 pm
September 17	Knights of Columbus Blood Drive at S/ Joseph beginning at noon
September 18	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
September 18-20	Boy Scout retreat at Camp Fatima
September 19	Epping Community Church Food Pantry – 8-10 am
September 19	Epping Community Church Dinner "Roast Pork Dinner" – 5-6:30 pm
September 19	American Legion Fundraiser Dance with "DJ Jukebox Joe" – 8 pm
September 22	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
September 22	EMS 7 th Grade Trip - Nature's Classroom
September 24	Cub Scout Recruitment Night at EES - 6-8 pm
September 26	Epping Community Church Food Pantry – 8-10 am
September 28	Diane Kordas with a puppet show at the Library – 11 am
September 28	Boy Scout Court of Honor

Epping Calendar of Events for October 2015

Date	Event
October 1	Epping School Board meeting in Epping Town Hall – 7 pm
October1	EMS, EHS Parent-Teacher Conferences starting at 2:30 pm
October 1	Sign out of Halloween costumes for kids at the Library
October 2, 3	EHS Homecoming
October 2	NO SCHOOL – Teacher Professional Development Day
October 2	Diane Kordas with a puppet show at the Library – 11 am
October 2	Mary Gatchell in Concert at the Leddy Center
October 3	Epping Community Church Food Pantry – 8-10 am
October 3	Epping Hazardous Waste Day
October 5	EES PTO meeting- 7 pm
October 8	Epping Seniors meet at the Epping Fire Station at 1 pm
October 10	Epping Community Church Food Pantry – 8-10 am
October 10-11	NH Boy Scout Jamboree at the Motor Speedway
October 11	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
October 12	COLUMBUS DAY – NO SCHOOL Town Hall and Library closed
October 15	Epping School Board meeting in Epping Town Hall – 7 pm
October 16	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
October 16	EMS Activity Night – 6:30 pm,
October 17	American Legion Halloween Dance with "Chippy and the YaYas" - 8 pm
October 17	Epping Community Church Food Pantry – 8-10 am
October 17	Epping Community Church Dinner "Annual Fish Fry" – 5-6:30 pm
October 20	Library Board of Trustees Meeting – 7:15 pm
October 20	275 th Birthday Bash Committee meeting at the Town Hall – 7 pm
October 21	Cub Scout Pack meeting at Epping Middle School – 6:30-7:30 pm
October 21	Epping Y.O.U.T.H. coalition meeting in SAU building – 9 am
October 23	EES Monster Mash & Haunted Hallway in EES gym – 68 pm
October 23-25	Scout Campout at Pawtuckaway
October 23-Nov.11	"Charlotte's Web" at the Leddy Center
October 24	Epping Community Church Food Pantry – 8-10 am
October 25	DEADLINE DATE for the November-December issue of the Newsletter
October 27	Epping Lions Club meeting at the Epping Edward Jones office on Rte 125 – 6:30 pm
October 31	Epping Community Church Food Pantry – 8-10 am
October 31	Library Halloween/Fall Festival Party
October 31	Town Trick or Treating – 5-7 pm
October 31	Goblin's Gala at Fire Dept. & Pumpkin Stroll – 6-8 pm
November 1	DAYLIGHT SAVINGS ENDS
November 14	EHS Athletic Booster Club Holiday Craft Fair in EMS Gym – 9 am-3 pm

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **October 25, 2015**. Please include the date, event name, location and time.